About Us

Celebrating Over 35 Years of Service to Families

At the Parent Project®, we believe that parents are the answer. In our 35 plus years, we have worked with over 1.5 million parents raising difficult or out-of-control children. Our programs are based on their experiences and successes. No matter how difficult the situation may be, we can help. "Little miracles", it’s what we do! The Parent Project® is now the largest court-mandated juvenile diversion program in the country and for agencies, the least expensive intervention program available today.

Our Mission

Our mission is to develop parent training programs for parents raising difficult or out-of-control children. We are committed to providing highly effective programs that are affordable for every parent.

Contact Us

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Empowering Parents
Transforming Teens

Parent Project®

Changing Destructive Adolescent Behavior

I went in saying 'I’m done!'. I went in one way; I came out another. The program gave me options. — Carla

watch Carla’s story at: https://www.youtube.com/watch?v=k5vkcw3K8nc
Mr. Fry currently serves as the President of Parent Project®, Inc. He is a retired Police Supervisor from Los Angeles County and has over 30 years of experience as a parent educator. Bud is a past recipient of the California Governor’s Award of Excellence for Outstanding Contributions in Crime Prevention and the California Youth Authority’s Individual Service Award. Mr. Fry’s educational programs have been formally recognized by members of the United States Congress, the California State Legislature, the Los Angeles County Board of Supervisors, and the U.S. Department of Education.

Our highly effective Parent Project® program, Changing Destructive Adolescent Behavior (CDAB), serves families of teens.

Changing Destructive Adolescent Behavior (CDAB) is a 10- to 16-week program designed for parents raising difficult or out-of-control adolescent children, ages 10 and up. CDAB provides concrete, no-nonsense solutions to even the most destructive of adolescent behaviors.

Critical Issues Addressed:
- Arguing and Family Conflict
- Childhood Trauma
- Poor School Performance
- Truancy and Dropouts
- Media Influences
- Early Teen Sexuality
- Teen Drug Use
- Youth Gangs
- Teen Violence and Bullying
- Runaways

How Our CDAB Program Works:
- Parents meet one night per week for 2 to 3 hours per night (in-person or online).
- The Parent Project activity-based curriculum allows parents to learn and practice behavior management techniques at home.
- Parent support groups are formed using the UCLA self-help support group model.
- Program orientation: behavior modification.

Register online at: www.parentproject.com