

About Us

Celebrating Over 35 Years of Service to Families

At the Parent Project®, we believe that parents are the answer. In our 35 plus years, we have worked with over 1.5 million parents raising difficult or out-of-control children. Our programs are based on their experiences and successes. No matter how difficult the situation may be, we can help. "Little miracles". It's what we do!

The Parent Project® is now the largest court-mandated juvenile diversion program in the country and for agencies, the least expensive intervention program available today.

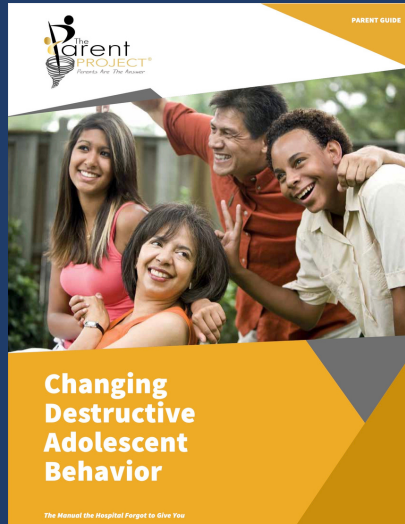


“I went in saying ‘I’m done!’. I went in one way; I came out another. The program gave me options.” -Carla

watch Carla's story at:
<https://www.youtube.com/watch?v=k5vkcw3K8nc>

Our Mission

Our mission is to develop parent training programs for parents raising difficult or out-of-control children. We are committed to providing highly effective programs that are affordable for every parent.



Contact Us

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Empowering Parents Transforming Teens

Parent Project®



Ralph "Bud" Fry, Co-Author

Mr. Fry currently serves as the President of Parent Project®, Inc. He is a retired Police Supervisor from Los Angeles County and has over 30 years of experience as a parent educator. Bud is a past recipient of the California Governor's Award of Excellence for Outstanding Contributions in Crime Prevention and the California Youth Authority's Individual Service Award. Mr. Fry's educational programs have been formally recognized by members of the United States Congress, the California State Legislature, the Los Angeles County Board of Supervisors, and the U.S. Department of Education.

“One of three exemplary community police programs in the state.”

—California State Attorney General



Who Teaches The Parent Project®?

Community-Based Organizations

Organizations targeting at-risk youth & families

Social Service Agencies

Dept. of Children & Fam. Serv., Fam. Resource Centers

High School, Middle School Staff

Teachers, Counselors, Administrators

Mental Health Professionals

Psychologists, Family Counselors

Faith-Based Community Leaders

Pastors, Priests, Rabbis, Lay Leaders, Youth Workers

Juvenile Justice / Law Enforcement

Probation Officers, Community Police Officers, SRO's



Our highly effective Parent Project® program, **Changing Destructive Adolescent Behavior (CDAB)**, serves families of teens.

Changing Destructive Adolescent Behavior (CDAB)

is a 10- to 16-week program designed for parents raising difficult or out-of-control adolescent children, ages 10 and up. CDAB provides concrete, no-nonsense solutions to even the most destructive of adolescent behaviors.

Critical Issues Addressed:

- **Arguing and Family Conflict**
- **Childhood Trauma**
- **Poor School Performance**
- **Truancy and Dropouts**
- **Media Influences**
- **Early Teen Sexuality**
- **Teen Drug Use**
- **Youth Gangs**
- **Teen Violence and Bullying**
- **Runaways**

How Our CDAB Program Works:

- Parents meet one night per week for 2 to 3 hours per night (in-person or online).
- The Parent Project activity-based curriculum allows parents to learn and practice behavior management techniques at home.
- Parent support groups are formed using the UCLA self-help support group model.
- Program orientation: behavior modification.

Register online at: www.parentproject.com



“Distinguished Program of the Year.”

—California Youth Authority

Dr. Roger Morgan, Co-Author

Dr. Morgan, a Licensed Psychologist practicing in Southern California, specializes in the treatment of children and adolescents with behavior problems. With 39 years clinical experience treating high-risk adolescents and their families, Dr. Morgan's focus is helping parents to apply behavioral interventions in the home. When not teaching helping professionals in Parent Project Facilitator Trainings, he provides direct services to families in his practice. His career goal in both venues is to help parents guide their children through their difficult years to become successful adults.

