

# ABOUT

**PARENT PROJECT SENIOR,  
CHANGING DESTRUCTIVE  
ADOLESCENT BEHAVIOR**

## ADDRESSES THE *MOST DIFFICULT* ADOLESCENT PROBLEMS

- Alcohol and Other Drug Use
- Poor School Attendance and Performance
- Family Conflict, Arguing, and Violence
- Sexual Acting Out, "sexting"
- Gangs and Other Criminal Behavior
- Video Game/Social Media Addiction
- Suicide Threats and Attempts, Running Away
- Out-of-Control Behaviors

## SPECIFICALLY DESIGNED FOR PARENTS OF DIFFICULT, OUT OF CONTROL TEENS

- Ten to Sixteen Week Programs
- Specific Plans for Behavioral Issues
- Activity-Based Multimedia Instruction
- Affordable and Effective
- Taught by Trained Personnel

## ENABLES PARENTS TO APPLY NEW PRINCIPLES AT HOME

- Straightforward, Practical Behavioral Interventions
- Step-by-Step Action Plans for Parents
- Ongoing Support Groups

## WHO TEACHES THE PARENT PROJECT®?

**Juvenile Justice/Law Enforcement Personnel**  
*Probation Officers, Community Police Officers, SRO's*

**High School, Middle School Staff**  
*Teachers, Counselors, Administrators*

**Mental Health Professionals**  
*Psychologists, Family Counselors, Interns*

**Social Service Agencies**  
*Departments of Children & Family Svcs.,  
Family Resource Centers, Child Protective Services*

**Faith Based Community Leaders**  
*Pastors, Priests, Rabbis, Lay Leaders, Youth Workers*

**Community Based Organizations**  
*Community organizations targeting at-risk  
youth & families, gang intervention programs*

# WHY TRAINING?

**OUR 40-HOUR PARENT PROJECT® FACILITATOR  
TRAINING COURSE PROVIDES THE MOST  
COMPREHENSIVE AND EFFECTIVE INSTRUCTION ON  
HIGH-RISK YOUTH AVAILABLE TODAY.**

*Because Parent Project® Senior addresses the **most**  
destructive adolescent behaviors, our 40-hour training  
is required to teach Changing Destructive Adolescent  
Behavior and purchase CDAB materials.*

## GOALS OF PARENT PROJECT® TRAINING & PROGRAMS

- Strengthen the Family Unit
- Significantly Increase Parent Involvement
- Improve School Attendance
- Improve Grades
- Prevent Teen Pregnancy
- Reduce School, Community, & Family Violence
- Prevent and Reduce Teen Alcohol & Drug use
- Reduce Youth Gang Involvement
- Reduce Teen Death Rate
- Repair Shattered Dreams

## PARENT PROJECT® TRAINING PARTICIPANTS WILL:

- Recognize the Developmental Needs of Teens
- Discuss and Practice Behavioral Interventions
- Develop Group Facilitation Skills
- Identify Effective Strategies to Engage Parents
- Develop Implementation Plans for their Communities

*For the complete training outline, training dates  
and locations, visit us at:*

*[http://www.parentproject.com/index.php/  
teach-the-parent-project/facilitator-training](http://www.parentproject.com/index.php/teach-the-parent-project/facilitator-training)*

## TRAINING DETAILS

5 days (Mon - Fri) 8:30am - 5pm daily  
Breakfast and Lunch included

## MATERIALS AND SUPPORT

Parent Guide Teacher's Guide  
Instructional & Resource Materials  
Powerpoints & Video Materials  
Web Based Advertising  
Marketing and Program Support  
Program Author's Ongoing Consultation



## PARTICIPANTS' COMMENTS ABOUT THE PARENT PROJECT® FACILITATOR TRAINING

"The best training of my professional career."

"I came with high expectations,  
but still I was blown away."

"Solid strategies for building  
community-based programs. I  
finally have a plan that will work!"

"...the most effective, enjoyable,  
educational training I have attended  
in my 23 years of police work!"

"You've succeeded and that's  
the bottom line..."

## WHAT COMMUNITY LEADERS SAY:

"As a judge, if I could have only one program,  
I'd take The Parent Project® any day!"

"Can you believe it? We've seen  
a 33% reduction in juvenile crime!  
Finally, an effective, inexpensive  
resource for our families."

"Miraculous...we've reduced...district's  
expulsions from 58 last year to zero!"

"We've experienced a 76% reduction in  
juvenile recidivism. It works!"

## THE CALIFORNIA STATE ATTORNEY GENERAL'S OFFICE OF PREVENTION SAID:

"One of three exemplary community  
police programs in the state."

## THE CALIFORNIA YOUTH AUTHORITY SAID:

"Distinguished Program of the Year."

## CURRICULUM

Now in its 11th edition, Changing Destructive Adolescent Behavior remains the only curriculum in the country that addresses the most destructive of adolescent behaviors. Based on input from over 7000 Parent Project Facilitators nationwide, the program is constantly updated. Current trends regarding drugs, gangs, media and new issues are addressed to keep parents up to date on their child's activities. CDAB offers parents concrete, no-nonsense solutions to even the most difficult situations.



## OUTCOME RESEARCH ON THE PARENT PROJECT®

33% Reduction in juvenile recidivism

*-Minidoka, ID*

98% drop in school expulsions

*-Reported in OJJDP's Juvenile Justice Journal, Sept. 2004*

73% Reduction in juvenile related law enforcement calls for service

*-Roseville Police Department, Roseville, CA*

75% Reduction in Youth Risk Factors

*-Kern County Office of Education, Bakersfield, CA*

Increase in Youth Social Initiative  $p < .001$

Decrease Youth Antisocial Behavior  $p < .001$

Increase Youth Academic Achievement  $p < .001$

Reduction in Family Conflict  $p < .001$

Increase in Family Time  $p < .05$

Increase Parental Knowledge

(of child's activities)  $p < .001$

Increase Parental Connection  $p < .001$

Increase in Parental Warmth

and Affection  $p < .001$

Increase Hopefulness  $p < .001$

*- Heidi Stolz, Ph.D., et al 2006*

## THE AUTHORS AND TRAINERS

### RALPH "BUD" FRY, CO-AUTHOR.

Mr. Fry currently serves as the President of Parent Project, Inc. He is a retired Police Supervisor with 18 years of Law Enforcement experience and 22 years experience as a parent educator. Bud is a past recipient of the California Governor's Award of Excellence for Outstanding Contributions in Crime Prevention and the California Youth Authority's Individual Service Award. His educational programs for families with high-risk youth have been formally recognized by members of the United States Congress, the California Legislature, the Los Angeles County Board of Supervisors, and the U.S. Department of Education.



*RalphFry@parentproject.com*

### DR. ROGER MORGAN, CO-AUTHOR.

Dr. Morgan is a licensed psychologist practicing in Southern California, specializing in the treatment of children and adolescents with behavior disorders. His interest is in working in a short-term therapeutic model, helping parents to apply behavioral interventions in the home. Dr. Morgan has over 30 years experience with high-risk youth and their families. Dr. Morgan continues to pioneer the use of psychoeducational programming to improve the accessibility of mental health care.



*Dr.Morgan@parentproject.com*



The Parent  
PROJECT®

Empowering Parents

Transforming Teens

# REGISTRATION IS EASY!

## TRAINING WEEKS

(Mission Viejo, CA)

- July 18-22, 2016
- October 24-28, 2016
- January 23-27, 2017
- April 24-28, 2017
- July 24-28, 2017

**PHONE:** 800-372-8886

**FAX:** 702-293-6276

## WEBSITE:

www.parentproject.com

**MAIL:** Parent Project®

PO BOX 60990

Boulder City, NV,

89006

NAME: \_\_\_\_\_

ORGANIZATION: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_

STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

COUNTY: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

## TRAINING PAYMENT

- Choose Payment Option
- Enclosed Check for \$895
- Charge \$895 Credit Card
  - Mastercard  Visa

## TRAINING OPTIONS

- 40 CEU's for CA LCSW's, MFT's
- 37 CEU's STC Cert.

CARD #: \_\_\_\_\_

EXP. DATE: \_\_\_\_\_

SECURITY CODE: \_\_\_\_\_

## COPYRIGHT AGREEMENT:

*I understand that all Parent Project® materials are copyrighted. I agree not to photocopy or otherwise reproduce Parent Project® copyrighted materials.*

*Initials: \_\_\_\_\_*

**(REQUIRED FOR REGISTRATION)**

## ON-SITE TRAINING:

Have 30 or more training participants? Call or email us about bringing the Parent Project® Training to your community!

**RESERVATION POLICY:** *Payment secures your reservation.*

## REFUND/CANCELLATION POLICY OPTIONS:

*Notification up to 30 days prior to training -- send alternate; reschedule next available slot. Notification up to the day of training, send alternate, or, reschedule if your space can be filled from the waiting list.*

**CALL OR VISIT OUR WEBSITE FOR OTHER TRAINING LOCATIONS AND DATES [WWW.PARENTPROJECT.COM](http://WWW.PARENTPROJECT.COM)**

# ALL ABOUT TRAINING

## **TRAINING INCLUDES:**

- Breakfast & Lunch daily  
(vegetarian plate available)
- Teacher's Guide
- Program DVD
- Sample Parent Guide
- Facilitator Guide
- On-going Technical Support
- Free Parent Referral Service
- Web-based Listing for  
your Local Program



## **TRAINING SCHEDULE:**

- Day One: 8am to 5pm
- Day Two: 8am to 5pm
- Day Three: 8am to 5pm
- Day Four: 8am to 5pm
- Day Five: 8am to 4:45pm

For a complete training schedule, please visit our site:

[www.parentproject.com](http://www.parentproject.com)

## CALIFORNIA TRAINING LOCATION & ACCOMMODATIONS

The Ayres Hotel & Spa is located at the 241 and Los Alisos Blvd., in Mission Viejo. Hotel Services include complimentary shuttle service within 5 miles, free breakfast, free WiFi, restaurant, and fitness center. Amenities include in-room refrigerator, microwave oven, pool and spa. The special room rate for this training is at the state rate of \$119.00. Please indicate you are with the Parent Project conference to obtain this rate.

For room reservations, call The Ayres Hotel and Spa (800) 916-4339.

Room reservations MUST be made 30 days prior to training date.



**The Ayres Hotel & Spa**  
**28951 Los Alisos Blvd.**  
**Mission Viejo CA 92692**  
**(949) 305-7200**